



Employee Assistance Program: Mental Health Services

The College has contracted with EastRidge Health Systems for all mental health needs. These services are available for students, faculty, and staff. For staff and faculty, the first three sessions are at no cost to you. Should you require additional sessions, these would be charged to a medical insurance plan if applicable. Once the first three sessions have been utilized within the one-year period and charges are not going to a medical insurance plan or if a medical plan is not an option, the employee would be responsible for any service charges.

All faculty and staff must have a current Blue Ridge employee ID with them at all visits. The front desk at EastRidge is aware of this and will validate.

In the event of a mental health crisis, the 24-hour hotline is 304-263-8954, then dial 0. Should this take place after hours, employees should dial the same number above and then press option #4. You will be immediately transferred to a person. At that time, the operator will take your information and a counselor will call back within 20 minutes.

For faculty and staff, should you need to arrange these services or assist a student, call 304-263-8954 ext. 7052. EastRidge Health Systems is located at 235 South Water Street, Martinsburg, WV 25401. If there are any questions/concerns, please notify BRCTC Student Development Coordinator at 304-260-4380 ext. 2117