
ALCOHOLICS ANONYMOUS (AA) PAPER

GUIDELINES FOR MEETING

1. Before attending an AA meeting, read textbook pp. 245 & 246.
2. During the meeting, observe:
 - A. Composition of group. (Age, sex, sociocultural background)
 - B. Source of financial support
 - C. Membership requirements
 - D. Guidelines for members as stated in:
 1. Guidelines 12 steps of A.A. members
 2. Guidelines 12 Traditions of A.A. members
 - E. Conduct of the meeting as observed in:
 1. Leader role
 2. Individual's role
 3. Group dynamics
 - F. Student observations of speaker's behaviors, verbal and non-verbal, which indicate:
 1. Personal worth
 2. Self-esteem
 3. Anxiety – internal conflict
 4. Guilt (altered self-image and ego structure / effect on family integrity)
 5. Defeat
 6. Hope (recognition of self-directed role to recovery and recognition of members supporting role in the rehabilitation process)
 7. Achievement as measured by society and rehabilitation (vocational and interpersonal relationships)
 - G. Availability of literature
 - H. References to:
 1. 12 Steps of A.A. members
 2. 12 Traditions of A.A. members
3. Objectives:

At the meeting the student will be able to:

 - A. Describe the function of Alcoholics Anonymous in its attempt to rehabilitate alcoholics.
 - B. Analyze the individual's presentation of the effects of alcohol on self and family.
 - C. Explain the approach used by the group to support the individual's efforts.
 - D. Evaluate the effectiveness of this approach in the management of alcoholism.

4. Turn in to your Clinical Instructor a 1-3 page report **using the following format.**

FORMAT for AA PAPER

1. Location, date, time of meeting.
2. In what ways was the meeting what you expected based upon your prior reading?
In what ways was it different from your expectations?
3. What characteristics were apparent in the persons participating in the meeting?
4. What evidence of support did you observe?
5. These groups are successful – what are some reasons that you can see for their success?
6. How has your view of alcoholism been affected by this experience?